



Appendix 1 to Bye-Laws 26 April 2012

Code of Conduct for Parents/Guardians/Carers

As Parents you play a vital role in helping the Club meet its aims and objectives and are key role models. You can support the Club by displaying the behaviours set out below:

- Remembering children swim and play for their own enjoyment.
- Encouraging children to learn the rules and swim within them.
- Ensuring children behave in a manner that does not interfere with other swimmers.
- Encouraging children to follow the coaches' advice.
- Discouraging unfair play and arguing with officials.
- Keeping winning and losing in perspective and helping children recognise good performances, not just results.
- Never forcing children to swim.
- Setting a good example, applauding good performances of all competitors, and behaving with respect in victory and defeat.
- Never punishing or belittling children for a poor swim, making mistakes or losing.
- Accepting officials' judgements and complying with the codes, rules and laws within the guidelines set out by the ASA.
- Encourage children to become involved and helping them to enjoy swimming.
- Use correct and proper language at all times.
- Do not go on to poolside unless there is a good reason to be there.
- Not to drink alcohol before or during teaching or coaching sessions or at competitions.

Sussex Seahawks asks you to:

- Bring your child to training sessions regularly and on time and ensure they have the correct attire and equipment.
- Arrive in time to collect swimmers at the end of training sessions
- Familiarise yourself with the organisation and rules of the Club
- Keep up to date with club information posted on the notice board and Club web site
- Pay membership, training and registration fees regularly and on time.
- Inform the club promptly of any change in contact information and any other relevant information we need to know about to facilitate your child's participation, safety and welfare.
- Not to allow your child to swim if they are unwell, particularly if they have any open wound or have an upset stomach
- Inform the Club of any health concerns your child may have, whether permanent or temporary

- Share any concerns you may have with Club coaches and officials
- Be involved with Club activities either as a Committee Member or swimming official and share your expertise
- Support the Club at galas and other functions
- Be aware of fixture dates and keep them available for selection as far as possible (we will publish fixture lists and give plenty of notice of selection for galas)
- Inform the Swimming Manager in good time if your son or daughter is unavailable for selection to enable substitutes to be arranged
- Understand that if a Coach changes your swimmers lane and times it is to provide the appropriate level of training to enable swimmers to make progress which should be supported at all times.
- Behave responsibly as a spectator at training/meets and treat all swimmers, coaches, committee members and parents with respect, meeting the ASA commitment to equality, diversity and inclusion.
- Ensure your child's nutritional needs are met and listen to advice given from the Club coach/nutritionist.
- Support the Club coaches and the Executive Committee.
- Refrain from entering the poolside unless requested to do so or in an emergency. If you wish to have a discussion with the coach please arrange for this to happen outside of the training session.
- Help all children enjoy the sport and achieve to the best of their ability.

Sussex Seahawks will:

- Tell you if your child is ill and ensure their well being until you are able to collect them.
- Ensure child Protection guidelines as described in the Atlantis SC Child Safeguarding Practices are followed at all times to keep your child safe.
- Ensure all activities are properly supervised/taught/coached and consent is obtained for any activity outside of that previously agreed.

As a Parent you have a right to:

- Make a complaint to the Club if you feel the Club or a member of the Club is not acting appropriate to ASA/Club laws and rules. Details of how to do this can be obtained from the Club Secretary.
- Make a complaint on behalf of your child to the ASA.
- Expect the Club to deal properly with any misdemeanours and breaches of this code of conduct.

Derek Fowlie
Secretary
November 2011